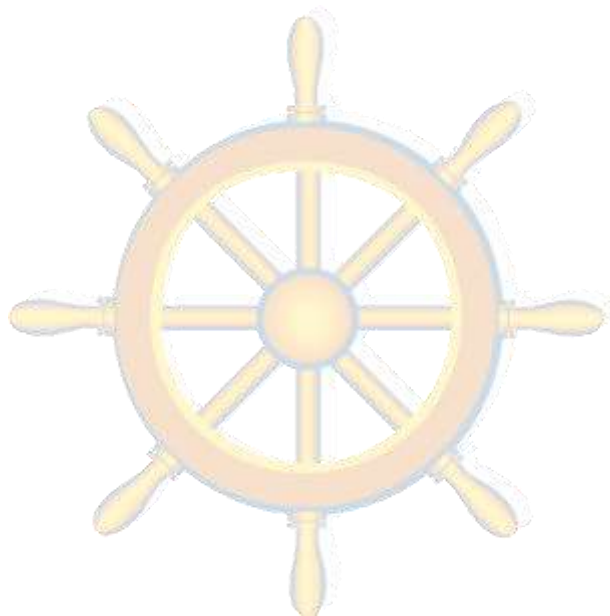


IRONMEN

AS IRON SHARPENS IRON, SO ONE MAN
SHARPENS ANOTHER. PROVERBS 27:17

Eight-week Discipleship Workshop



Gripped by the Word

Primer

1. Print these sheets and put into an A4 ring binder.
2. Be organised – seat, folder, sheet, Bible, pencil, eraser, timer!
3. Set a timer for 15 mins (or 10) and stick to it.
4. After prayer for help carefully look at the text (see examples on p.3-6), rereading several times, and fill out the ½ page template on p.7, maybe using a pencil. If incomplete some days, don't worry; you will soon be completing them within the time. Stay within the set time. Try to follow the text wherever it leads, bringing your mind into immediate contact with the mind of the Spirit expressed in the text. Learn to think God's thoughts after Him.
5. Parents may wish to complete the templates together with their children (15mins passes quickly). Younger children may participate by copying out the verse or selected words from the verse studied that day.
6. Memorise (in one's own time) one verse per week (see suggested list).
7. Commit to 'meeting' with a spouse/son/daughter/friend once a week to:
 - a. Recite/hear recited the agreed memory verse, including the topical headings
 - b. Discuss one devotional (60 seconds) that particularly got your attention (Sunday is ideal). Others / partner briefly comment or ask questions.
 - c. Pray for 10 Most Wanted lists
 - d. Discuss briefly where any passages considered have brought light to specific areas of interest (10 most important truths one desires to know more about).
 - e. Pray for each other trying to use the Scripture considered the previous week.
8. Maybe use Saturday to review and choose the devotional to share.
9. 'But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.' James 1:25

Quiet Time – 2 Peter Devotional Diary

Sunday	
Monday	2 Peter 1:1-3
Tuesday	2 Peter 1:4-7
Wednesday	2 Peter 1:8-11
Thursday	2 Peter 1:12-15
Friday	2 Peter 1:16-18
Saturday/Sunday	
Monday	2 Peter 1:19-21
Tuesday	2 Peter 2:1-3
Wednesday	2 Peter 2:4-10a
Thursday	2 Peter 2:10b-13
Friday	2 Peter 2:14-16
Saturday/Sunday	
Monday	2 Peter 2:17-19
Tuesday	2 Peter 2:20-22
Wednesday	2 Peter 3:1-2
Thursday	2 Peter 3:3-4
Friday	2 Peter 3:5-7
Saturday/Sunday	
Monday	2 Peter 3:8-9
Tuesday	2 Peter 3:10-13
Wednesday	2 Peter 3:14
Thursday	2 Peter 3:15-16a
Friday	2 Peter 3:16b-18

Quiet Time – Ephesians Devotional Diary

Sunday

Monday Ephesians 1:1-2

Tuesday Ephesians 1:3-6

Wednesday Ephesians 1:7-10

Thursday Ephesians 1:11-12

Friday Ephesians 1:13-14

Saturday / Sunday

Monday Ephesians 1:15-21

Tuesday Ephesians 1:22-23

Wednesday Ephesians 2:1-3

Thursday Ephesians 2:4-7

Friday Ephesians 2:8-10

Saturday / Sunday

Monday Ephesians 2:11-13

Tuesday Ephesians 2:14-18

Wednesday Ephesians 2:19-22

Thursday Ephesians 3:1-3

Friday Ephesians 3:4-7

Saturday / Sunday

Monday Ephesians 3:8-10

Tuesday Ephesians 3:11-13

Wednesday Ephesians 3:14-16

Thursday Ephesians 3:17-19

Friday Ephesians 3:20-21

Saturday / Sunday

Monday	Ephesians 4:1-3
Tuesday	Ephesians 4:4-7
Wednesday	Ephesians 4:8-10
Thursday	Ephesians 4:11-13
Friday	Ephesians 4:14-16
Saturday / Sunday	
Monday	Ephesians 4:17-19
Tuesday	Ephesians 4:20-24
Wednesday	Ephesians 4:25-27
Thursday	Ephesians 4:28
Friday	Ephesians 4:29
Saturday / Sunday	
Monday	Ephesians 4:30
Tuesday	Ephesians 4:31
Wednesday	Ephesians 4:32
Thursday	Ephesians 5:1-2
Friday	Ephesians 5:3-4
Saturday / Sunday	
Monday	Ephesians 5:5-6
Tuesday	Ephesians 5:7-10
Wednesday	Ephesians 5:11-14
Thursday	Ephesians 5:15-16
Friday	Ephesians 5:17-21
Saturday / Sunday	

Monday	Ephesians 5:22-24
Tuesday	Ephesians 5:25-27
Wednesday	Ephesians 5:28-30
Thursday	Ephesians 5:31-32
Friday	Ephesians 5:33
Saturday / Sunday	
Monday	Ephesians 6:1-3
Tuesday	Ephesians 6:4
Wednesday	Ephesians 6:5-6
Thursday	Ephesians 6:7-9
Friday	Ephesians 6:10-11
Saturday / Sunday	
Monday	Ephesians 6:12
Tuesday	Ephesians 6:13-14
Wednesday	Ephesians 6:15
Thursday	Ephesians 6:16
Friday	Ephesians 6:17
Saturday / Sunday	
Monday	Ephesians 6:18-20
Tuesday	Ephesians 6:21-22
Wednesday	Ephesians 6:23
Thursday	Ephesians 6:24
Friday	
Saturday / Sunday	

Today's Date _____ Scripture Passage _____

Title (9 words max): _____

Theme: _____

Context / Paraphrase: _____

Application to my life today: _____

Obedience to God's Word means I must:

1. _____ Done? Yes ___ No ___

2. _____ Done? Yes ___ No ___

.....

Today's Date _____ Scripture Passage _____

Title (9 words max): _____

Theme: _____

Context / Paraphrase: _____

Application to my life today: _____

Obedience to God's Word means I must:

1. _____ Done? Yes ___ No ___

2. _____ Done? Yes ___ No ___

10 Most Wanted

(To Be Saved)

Name	Date Answered
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____

10 Most Important Truths for Me

(to Know and Believe About God)

	Truth	Proof Text
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____

Memory Verses I Can't Live Without

Assurance of Salvation

Date

1 John 5:11-13

¹¹ And this is the testimony, that God gave us eternal life, and this life is in his Son. ¹² Whoever has the Son has life; whoever does not have the Son of God does not have life. ¹³ I write these things to you who believe in the name of the Son of God that you may know that you have eternal life.

1 John 5:11-13

Assurance of Salvation

Assurance of Answered Prayer

Date

John 16:24

²⁴ Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full.

John 16:24

Assurance of Answered Prayer

Assurance of Victory

Date

1 Corinthians 10:13

¹³ No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

1 Corinthians 10:13

Assurance of Victory

Assurance of Forgiveness

Date

1 John 1:9

⁹ If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:9

Assurance of Forgiveness

Assurance of Guidance

Date

Proverbs 3:5-6

⁵ Trust in the LORD with all your heart, and do not lean on your own understanding. ⁶ In all your ways acknowledge him, and he will make straight your paths.

Proverbs 3:5-6

Assurance of Guidance

Be Reasonable

Date

Romans 12:1

¹² I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

Romans 12:1

Be Reasonable

Be Transformed

Date

Romans 12:2

² Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Romans 12:2

Be Transformed